



**2022**

\*Radziszewski, S., **Houle, J.**, Torres, J., Leloup, X., et Coulombe, S. (2022 epub ahead of print) "How does your residential environment positively or negatively influence your well-being?": A multicase photovoice study with public housing tenants. *American Journal of Community Psychology*. [Pubmed](#)

\*Lauzier-Jobin, F. et **Houle, J.** (2022) A comparison of formal and informal help in the context of mental health recovery. *The International journal of social psychiatry*. 68 4: 729-737. [Pubmed](#)

Beaudin, J., Chouinard, M.C., Girard, A., **Houle, J.**, Ellefsen, É., et Hudon, C. (2022) Integrated self-management support provided by primary care nurses to persons with chronic diseases and common mental disorders: a scoping review. *BMC Nursing*. 21 1: 212. [Pubmed](#)

Dumont, K., Marcoux, I., Warren, É., Alem, F., Alvar, B., Ballu, G., Bostock, A., Cohen, S.R., Daneault, S., Dubé, V., **Houle, J.**, Minyaoui, A., Rouly, G., Weil, D., Kellehear, A., et Boivin, A. (2022) How compassionate communities are implemented and evaluated in practice: a scoping review. *BMC Palliative Care*. 21 1: 131. [Pubmed](#)

Roberge, C., Agouès-Richard, C., Meunier, S., Coulombe, S., Lauzier-Jobin, F., et **Houle, J.** (2022) The Role of Work in Recovery from Anxiety or Mood Disorders: An Integrative Model Based on Empirical Data. *Journal of Psychosocial Rehabilitation and Mental Health*. [Abstract](#)

Roberge, P., **Houle, J.**, Provost, J.R., Coulombe, S., Beaudin, A., Bower, P., Lemyre, F.C., Drapeau, M., Drouin, M.S., Hudon, C., Provencher, M.D., et Vasiliadis, H.M. (2022) A pragmatic randomized controlled trial of a group self-management support program versus treatment-as-usual for anxiety disorders: study protocol. *BMC Psychiatry*. 22 1: 135. [Pubmed](#)

**2021**

\*Radziszewski, S. et **Houle, J.** (2021 accepté) The Participatory Neighborhood Observation Grid: Multiple case study of public housing tenants evaluating their residential environment. *International Journal of Community Well-Being*.

\*Gascon Dépatie, M. et **Houle, J.** (2021 accepté) Expérience des proches aidants d'une personne vivant un premier épisode de dépression majeure. *Revue Québécoise de Psychologie*.

**Houle, J.**, Lapointe, I., Painchaud, V., Bordeleau, J., Bergeron, J., Cardinal, P., Desmarais, S., Jobin, F., Silva, V., et Beaudin, A. (2021) Explorer. Rapport de recherche sur la combinaison « atelier d'autogestion de groupe » et « suivi individuel » offerte en première ligne par le CIUSSS de l'Est-de-l'Île-de-Montréal aux personnes souffrant de dépression ou d'anxiété Vitalité – Laboratoire de recherche sur la santé Montréal. [Rapport](#)

Meunier, S., Giroux, A., Coulombe, S., \*Lauzier-Jobin, F., \*Radziszewski, S., et **Houle, J.** (2021) Enquête sur la santé psychologique des travailleurs et des travailleuses du milieu communautaire au Québec durant la pandémie de la COVID-19 Université du Québec à Montréal. [Rapport](#)



Pelletier, J.F., **Houle, J.**, Goulet, M.H., Juster, R., P., Giguère, C.-E., et Lesage, A.D. (2021) The Online Citizens Project: Effects of transitional peer support groups facilitated by Peer Support Workers for persons living with severe mental illness in times of the COVID-19 pandemic. *Brazilian Journal of Mental Health*. 13 36: 97-116. [Abstract](#)

Labelle, R., Berthiaume, C., Daigle, M., Breton, J.J., et **Houle, J.** (2021) Mental Health, Suicidal Behaviour, and Primary Healthcare among Homeless Youth. *Canadian Journal of Community Mental Health*. [Abstract](#)

\*Saint-Onge, K., Bernard, P., \*Kingsbury, C., et **Houle, J.** (2021) Older Public Housing Tenants' Capabilities for Physical Activity Described Using Walk-Along Interviews in Montreal, Canada. *International Journal of Environmental Research and Public Health*. 18 21. [Pubmed](#)

Pelletier, J.F., **Houle, J.**, Goulet, M.H., Juster, R.P., Giguère, C.É., \*Bordet, J., Hénault, I., Lesage, A.D., De Benedictis, L., Denis, F., et Ng, R. (2020) Online and Recovery-Oriented Support Groups Facilitated by Peer Support Workers in Times of COVID-19: Protocol for a Feasibility Pre-Post Study. *JMIR research protocols*. 9 12: e22500-e22500. [Pubmed](#)

Montiel, C., \*Radziszewski, S., Prilleltensky, I., et **Houle, J.** (2021) Fostering Positive Communities: A Scoping Review of Community-Level Positive Psychology Interventions. *Frontiers in psychology*. 12: 720793. [Pubmed](#)

\*Lauzier-Jobin, F. et **Houle, J.** (2021) Caregiver Support in Mental Health Recovery: A Critical Realist Qualitative Research. *Qual Health Res*. 31: 2440-2453. [Pubmed](#)

## **2020**

Pelletier, J.F., **Houle, J.**, Goulet, M.H., Juster, R.P., Giguère, C.É., \*Bordet, J., Hénault, I., Lesage, A.D., De Benedictis, L., Denis, F., et Ng, R. (2020) Online and Recovery-Oriented Support Groups Facilitated by Peer Support Workers in Times of COVID-19: Protocol for a Feasibility Pre-Post Study. *JMIR research protocols*. 9 12: e22500-e22500. [Pubmed](#)

\*Gauvin, G., Labelle, R., Daigle, M., Breton, J.-J., et **Houle, J.** (2020) Psychological factors strengthening homeless youths' life satisfaction. *Journal of Social Distress and Homelessness*. 1-10. [Abstract](#)

Roberge, P., Provencher, M.D., Gaboury, I., Gosselin, P., Vasiliadis, H.M., Benoît, A., Carrier, N., Antony, M.M., Chaillet, N., **Houle, J.**, Hudon, C., et Norton, P.J. (2020) Group transdiagnostic cognitive-behavior therapy for anxiety disorders: a pragmatic randomized clinical trial. *Psychological medicine*. 1-11. [Pubmed](#)

Esmail, A., Vranceanu, T., Lussier, M., Predovan, D., Berryman, N., **Houle, J.**, Karelis, A., Grenier, S., Minh Vu, T.T., Villalpando, J.M., et Bherer, L. (2020) Effects of Dance/Movement Training vs. Aerobic Exercise Training on cognition, physical fitness and quality of life in older adults: A randomized controlled trial. *Journal of bodywork and movement therapies*. 24 1: 212-220. [Pubmed](#)



Menear, M., Dugas, M., Careau, E., Chouinard, M.C., Dogba, M.J., Gagnon, M.P., Gervais, M., Gilbert, M., **Houle, J.**, Kates, N., Knowles, S., Martin, N., Nease, D.E., Jr., Zomahoun, H.T.V., et Legare, F. (2020) Strategies for engaging patients and families in collaborative care programs for depression and anxiety disorders: A systematic review. *Journal of affective disorders.* 263: 528-539. [Pubmed](#)

#### **2019**

**Houle, J.**, \*Radziszewski, S., Labelle, P., \*Coulombe, S., Menear, M., Roberge, P., Hudon, C., Lussier, M.T., Gamache, C., Beaudin, A., Lavoie, B., Provencher, M.D., et Cloutier, G. (2019) Getting better my way: Feasibility study of a self-management support tool for people with mood and anxiety disorders. *Psychiatric rehabilitation journal.* 42 2: 158-168. [Pubmed](#)

Meunier, S., Roberge, C., \*Coulombe, S., et **Houle, J.** (2019) Feeling better at work! Mental health self-management strategies for workers with depressive and anxiety symptoms. *Journal of affective disorders.* 254: 7-14. [Pubmed](#)

\*Gauvin, G., Labelle, R., Daigle, M., Breton, J.J., et **Houle, J.** (2019) Coping, Social Support, and Suicide Attempts Among Homeless Adolescents. *Crisis.* 40 6: 390-399. [Pubmed](#)

Vigneault, L., Demers, M.F., Lehoux, C., Achim, A., Cellard, C., LeBlanc, A., Roy, M.A., Corbiere, M., **Houle, J.**, Jacques, P., Paquet, K., Rice, C., Rodriguez, L., Romain, A.J., Sheryn, P., et Souffrant, K.A. (2019) Cap sur le rétablissement : Exigez l'excellence dans les soins et services en santé mentale. 220. [Book](#)

#### **2018**

Meunier, S., \*Coulombe, S., et **Houle, J.** (2018) Can strengths use at work reduce the deleterious effect of depressive and anxiety symptoms on work functioning? *European Journal of Applied Positive Psychology.* 2 7: 1-12. [Abstract](#)

Roberge, P., Provencher, M.D., Gosselin, P., Vasiliadis, H.M., Gaboury, I., Benoit, A., Antony, M.M., Chaillet, N., **Houle, J.**, Hudon, C., et Norton, P.J. (2018) A pragmatic randomized controlled trial of group transdiagnostic cognitive-behaviour therapy for anxiety disorders in primary care: study protocol. *BMC Psychiatry.* 18 1: 320. [Pubmed](#)

**Houle, J.**, Lauzier-Jobin, F., \*Radziszewski, S., Audette, M., Bergeron, J., Cardinal, P., F., C., Cousineau, L., Delisle, A., Duquette, C., Pelletier, V., Tansey, J., Beaudin, A., Bordeleau, J., Boileau, M.J., Desrochers, L., Espagnol, F., Gallant, L., Gohier, C., Michel, C., Paradis, V., Smart, J., Vaillancourt, C., Arevian, A., Catellier, I., Krans, R., \*Coulombe, S., Hudon, C., Pelletier, J.F., Provencher, H., D., P.M., et Roberge, P. (2018) Savoirs partagés. Perspectives croisées sur les interventions de courte durée offertes par les équipes de santé mentale adulte des CLSC Université du Québec à Montréal. [Rapport](#)

\*Coulombe, S., \*Radziszewski, S., Morin, P., Leloup, X., Bohémier, H., et **Houle, J.** (2018) Using neighborhood observation to support public housing tenants' empowerment. *Action Research.* 16 4: 376-395. [Abstract](#)



**Houle, J.** et \*Radziszewski, S. (2018) Flash sur mon quartier ! Production d'une trousse d'accompagnement pour les OMH et quelques résultats préliminaires. Mobilise-toit,. 39: 5-6. [Abstract](#)

#### **2017**

**Houle, J.**, \*Coulombe, S., \*Radziszewski, S., Leloup, X., Saias, T., Torres, J., et Morin, P. (2017) An intervention strategy for improving residential environment and positive mental health among public housing tenants: rationale, design and methods of Flash on my neighborhood! BMC Public Health. 17 1: 737. [Pubmed](#)

**Houle, J.**, Meunier, S., \*Coulombe, S., Mercerat, C., Gaboury, I., Tremblay, G., de Montigny, F., Cloutier, L., Roy, B., Auger, N., et Lavoie, B. (2017) Peer Positive Social Control and Men's Health-Promoting Behaviors. American Journal Mens Health. 11 5: 1569-1579. [Pubmed](#)

Roy, M., Levasseur, M., **Houle, J.**, Dumont, C., et Aujoulat, I. (2017) Perspectives on Salutogenesis of Scholars Writing in French, in The Handbook of Salutogenesis, M.B. Mittelmark, S. Sagy, M. Eriksson, G.F. Bauer, J.M. Pelikan, B. Lindstrom, et G.A. Espnes, Editors: Cham (CH). p. 373-377. [Pubmed](#)

**Houle, J.**, \*Coulombe, S., \*Radziszewski, S., Boileau, G., et Gascon Depatie, M. (2017) La mobilisation des savoirs des locataires en HLM pour améliorer leur bien-être : la démarche Flash sur mon quartier! , in Presses de l'Université du Québec. p. 73-92. [Book Section](#)

\*Coulombe, S., Meunier, S., Cloutier, L., Auger, N., Roy, B., Tremblay, G., de Montigny, F., Gaboury, I., Bernard, F.O., Lavoie, B., Dion, H., et **Houle, J.** (2017) Health-Promoting Home and Workplace Neighborhoods: Associations With Multiple Facets of Men's Health. American journal of men's health. 11 6: 1680-1691. [Pubmed](#)

\*Coulombe, S., \*Radziszewski, S., Morin, P., Leloup, X., Bohémier, H., et **Houle, J.** (2017) Using neighborhood observation to support public housing tenants' empowerment. Action Research. 1-20. [Abstract](#)

de Montigny, F., Cloutier, L., Meunier, S., Cyr, C., \*Coulombe, S., Tremblay, G., Auger, N., Roy, B., Gaboury, I., Lavoie, B., Dion, H., et **Houle, J.** (2017) Association between weight status and men's positive mental health: The influence of marital status. Obesity research & clinical practice. 11 4: 389-397. [Pubmed](#)

**Houle, J.**, \*Coulombe, S., et Radziszewski, S. (2017) Flash sur mon quartier en cours dans six régions du Québec. Mobilise-toit. 35: 9-11. [Abstract](#)

Pelletier, J.F., Pouliot-Morneau, D., **Houle, J.**, Bordeleau, J., Laroche, S., et Rowe, M. (2017) Évaluation d'une intervention de promotion de la citoyenneté : le Projet citoyen de l'Université du rétablissement. Santé mentale au Québec. 42 1: 205-222. [Pubmed](#)



Roy, P., Tremblay, G., Robertson, S., et **Houle, J.** (2017) "Do it All by Myself": A Salutogenic Approach of Masculine Health Practice Among Farming Men Coping With Stress. *American journal of men's health*. 11 5: 1536-1546. [Pubmed](#)

Pelletier, J.F., Pouliot-Morneau, D., **Houle, J.**, Bordeleau, J., Laroche, S., et Rowe, M. (2017) Évaluation d'une intervention de promotion de la citoyenneté : le Projet citoyen de l'Université du rétablissement. *Santé mentale au Québec*. 42 1: 205-222. [Pubmed](#)

## **2016**

de Montigny, F., Cloutier, L., Meunier, S., Cyr, C., \*Coulombe, S., Tremblay, G., Auger, N., Roy, B., Gaboury, I., Lavoie, B., Dion, H., et **Houle, J.** (2016) Association between weight status and men's positive mental health: The influence of marital status. *Obesity research & clinical practice*. 11 4: 389-397. [Pubmed](#)

Menear, M., Gervais, M., Careau, E., Chouinard, M. C., Cloutier, G., Delorme, A., Dogba, M. J., Dugas, M., Gagnon, M. P., Gilbert, M., Harvey, D., **Houle, J.**, Kates, N., Knowles, S., Martin, N., Nease, D., Jr., Pluye, P., Samson, E., Zomahoun, H. T., Legare, F. (2016). Strategies and impacts of patient and family engagement in collaborative mental healthcare: protocol for a systematic and realist review. *BMJ Open*, 6(9), e012949. [Pubmed](#)

**Houle J.**, Gauvin G, Collard B, Meunier S, Lespérance F, Frasure-Smith N, Villaggi B, Roberge P, Hudon C, Provencher M. (2016). Empowering Adults in Recovery from Depression: A Community-Based Self-Management Group Program. *Canadian Journal of Community Mental Health*. 35 2: 55-68. [Abstract](#)

**Houle J.**, Coulombe S, Radziszewski S, Boileau G, Morin P, Leloup X, Bohémier H, Robert S. (2016). Public housing tenants' perspective on residential environment and positive well-being: An empowerment-based Photovoice study and its implications for social work. *Journal of Social Work*. 1-29. [Abstract](#)

de Montigny F, Meunier S, Cloutier L, Tremblay G, Coulombe S, Auger N, Roy B, Gaboury I, Bernard FO, Lavoie B, Dion H, **Houle J.** (2016). Spousal positive social control and men's health behaviors and self-efficacy: the influence of age and relationship satisfaction. *Journal of Social and Personal Relationships*, 1-18. [Abstract](#)

\*Coulombe, S., \*Radziszewski, S., Meunier, S., Provencher, H., Hudon, C., Roberge, P., Provencher, M. D., **Houle, J.** (2016). Profiles of Recovery from Mood and Anxiety Disorders: A Person-Centered Exploration of People's Engagement in Self-Management. *Frontiers in psychology*. 7, 584. [Pubmed](#)

**Houle, J.**, Lauzier-Jobin, F., Beaulieu, M.D., Meunier, S., \*Coulombe, S., Cote, J., Lesperance, F., Chiasson, J.L., Bherer, L., et Lambert, J. (2016) Socioeconomic status and glycemic control in adult patients with type 2 diabetes: a mediation analysis. *BMJ open diabetes research & care*. 4 1: e000184. [Pubmed](#)

Meunier, S., \*Coulombe, S., Beaulieu, M.D., Cote, J., Lesperance, F., Chiasson, J.L., Bherer, L., Lambert, J., et **Houle, J.** (2016) Longitudinal testing of the Information-Motivation-Behavioral Skills model of self-care among adults with type 2 diabetes. *Patient education and counseling*. 99 11: 1830-1836. [Pubmed](#)



\*Coulombe, S., Meunier, S., Cloutier, L., Tremblay, G., Auger, N., de Montigny, F., et **Houle, J.** (2016) Health-Promoting home and workplace neighborhood: associations with multiple facets of men's health. *American Journal of Men's Health*. 1-12. [Abstract](#)

**Houle, J.**, \*Coulombe, S., et \*Radziszewski, S. (2016) Aller mieux à ma façon: mettre en valeur le savoir expérientiel de la personne en rétablissement pour soutenir l'autogestion et faire de la recherche autrement. *Le Partenaire*. 24 3. [Abstract](#)

## **2015**

\*Coulombe, S., \*Radziszewski, S., Trepanier, S. G., Provencher, H., Roberge, P., Hudon, C., Meunier, S., Provencher, M. D., **Houle, J.** (2015). Mental health self-management questionnaire: Development and psychometric properties. *Journal of Affective Disorders*, 181, 41-49. [Pubmed](#)

\*Villaggi, B., Provencher, H., \*Coulombe, S., Meunier, S., \*Radziszewski, S., Hudon, C., Roberge, P., Provencher, M.D., et **Houle, J.** (2015). Self-management strategies in recovery from mood and anxiety disorders. *Global Qualitative Nursing Research*. 1-13. [Abstract](#)

**Houle, J.**, Meunier, S., \*Coulombe, S., Tremblay, G., De Montigny, F., Auger, N., Cloutier, L., et Gaboury, I. (2015) Masculinity ideology among male workers and its relationship to self-reported health behaviors. *International Journal of Men's Health*. 14 2: 163-182. [Abstract](#)

Menear, M., Dore, I., Cloutier, A.M., Perrier, L., Roberge, P., Duhoux, A., **Houle, J.**, et Fournier, L. (2015). The influence of comorbid chronic physical conditions on depression recognition in primary care: a systematic review. *Journal of Psychosomatic Research*, 78, 304-313. [Pubmed](#)

Menear, M., Dore, I., Cloutier, A.M., Perrier, L., Roberge, P., Duhoux, A., **Houle, J.**, et Fournier, L. (2015). Chronic physical comorbidity burden and the quality of depression treatment in primary care: a systematic review. *Journal of Psychosomatic Research*, 78, 314-323. [Pubmed](#)

**Houle, J.**, \*Coulombe, S., et Boileau, G. (2015) Flash sur mon quartier! Une recherche-action participative centrée sur le bien-être en milieu HLM. *Quadrilatère*. 14 1: 12-13. [Abstract](#)

**Houle, J.**, \*Coulombe, S., et Boileau, G. (2015) Flash sur mon quartier! Une recherche-action participative centrée sur le bien-être en milieu HLM. *Mobilise-toit*. 27: 3-5. [Abstract](#)

## **2014**

**Houle, J.**, Guillou-Ouellette, C. (2014). Coroners' records on suicide mortality in Montreal: limitations and implications in suicide prevention strategies. *Chronic diseases and injuries in Canada*. 34 1: 23-29. [Pubmed](#)

Roy, J., G., Tremblay, D., Guilmette, D., Bizot, S., Dupéré, et **Houle, J.** (2014) Perceptions des hommes québécois de leurs besoins psychosociaux et de santé. [Report](#)



**2013**

**Houle, J.**, Chagnon, F., Lafortune, D., Labelle, R., et Belleville Paquette, K. (2013) Correlates of help-seeking behavior in adolescents experiencing a recent negative life event: psychological factors. *Canadian Journal of Family and Youth*. 5 1: 39-63. [Abstract](#)

**Houle, J.**, Gascon-DePATIE, M., Belanger-Dumontier, G., et Cardinal, C. (2013) Depression self-management support: a systematic review. *Patient Education Counseling*. 91 3: 271-279. [Pubmed](#)

**Houle, J.**, \*Villaggi, B., Beaulieu, M.D., Lesperance, F., Rondeau, G., et Lambert, J. (2013) Treatment preferences in patients with first episode depression. *Journal of Affective Disorders - Elsevier*. 147 1-3: 94-100. [Pubmed](#)

Roberge, P., Fournier, L., Brouillet, H., Hudon, C., **Houle, J.**, Provencher, M.D., et Levesque, J.F. (2013) Implementing a knowledge application program for anxiety and depression in community-based primary mental health care: a multiple case study research protocol. *Implementation science : IS*. 8: 26. [Pubmed](#)

**2012**

**Houle, J.**, Beaulieu, M.D., Lussier, T., Del Grande, C., Pellerin, J.P., Authier M., Duplain, R., Tran, T.M., Allison, F. (2012) Patients' experience of chronic illness care in a network of teaching settings. *Canadian Family Physician*. 58, 1366-1373. [Pubmed](#)

**2011**

Dubois, N., Lloyd, S., **Houle, J.**, Brousselle, A., Mercier, C. (2011). Practice-based evaluation as an answer to the interventions' complexity. *Canadian Journal of Evaluation Program*. 26 3: 105-113. [Abstract](#)

Zimmerman, B.J., Dubois, N., **Houle, J.**, Lloyd, S., Brousselle, A., Mercier, C. (2011). How does complexity impact evaluation? An introduction to the Special Issue. *Canadian Journal of Evaluation Program*, 26: 3. v-xxi. [Pubmed](#)

**2010**

**Houle, J.**, Beaulieu, M.D., Lesperance, F., et al. (2010) Inequities in medical follow-up for depression: a population-based study in Montreal. *Psychiatric Services*, 61: 3 258-263. [Abstract](#)

**Houle, J.**, Poulin, C., Van Nieuwenhuyse, H. (2010). Improving continuity of care for suicidal persons through collaboration between hospitals and community-based services. *Canadian Journal of Community Mental Health* 29 : 1 107-118. [Abstract](#)