

# Suicide Prevention with Children and Adolescents with Eating disorders

Desmarais, M.<sup>1</sup>, Montreuil, M.<sup>1</sup>, Genest, C.<sup>2</sup>, & Lavoie-Tremblay, M.<sup>1</sup>

<sup>1</sup>Ingram School of Nursing, McGill University, <sup>2</sup>Faculté des sciences infirmières, Université de Montréal

## Concept Analysis of ‘Suicide in Children’

- Based on Rodgers’s evolutionary method (2000)
- A total of 106 articles included using CINAHL, PsycINFO, and Medline, as well as Google Scholar
- As results, three themes were identified:
  - Developmental perspective
  - Factors predicting suicide in children
  - Emancipation of children as active participants in society
- Four definitions of the concept ‘suicide in children’ identified, based on paradigmatic orientations developed by Lincoln and Guba (2018)
- In most studies, children are generally considered as passive subjects of analysis, thus potentially limiting our understanding of their perceptions, and how care could be improved or adapted
- Literature about perspectives and experiences of care regarding suicide prevention remain sparse in children and adolescents

(Desmarais & Montreuil, 2020)

## Literature Review on Children and Adolescents with Eating Disorders Regarding Suicide Prevention

- Association between eating disorder and suicidal ideation
- Consequences of the COVID-19 pandemic:
  - Exacerbation of eating disorders symptomatology and suicide risk factors
  - Protective factors positively or negatively impacted
  - Telehealth initiatives
- Strong evidence is needed in the selection of suicide prevention strategies, because of a lack of evidence orienting how interventions should be adapted
- Future research may benefit from the acknowledgment of children and adolescents’ own voices to learn more about their experiences in terms of suicidality and eating disorders

(Couturier et al., 2020; Graell et al., 2020; Montreuil et al., 2020; 2017; Wasserman et al., 2020)

## Doctoral Study

- The aim of the study is to explore the perspectives and experiences of children and adolescents with eating disorders and dysfunctional eating behaviors regarding suicide prevention.
- The doctoral student will conduct a focused ethnography embedded in a participatory approach, while using netnographic data collection strategies
- Ethical and methodological challenges related to confidentiality, consent and anonymity has been identified.

**Acknowledgments.** The authors would like to acknowledge the support from the McGill Nursing Collaborative for Education and Innovation in Patient and Family Centered Care (Newton Foundation/McGill Faculty of Medicine) and Graphos/McGill Writing Centre through the Writing for Publication initiative.



**References:** Couturier, J. L., McVey, G., Isserlin, L., Norris, M., Brouwers, M., Kimber, M., Bhatnagar, N., Findlay, S., & Spettigue, W. (2020). The COVID-19 Pandemic and Eating Disorders in Children and Adolescents: Recommendations from the Canadian Consensus Panel. Retrieved from <https://cihr-irsc.gc.ca/e/52053.html>; Desmarais, M., & Montreuil, M. (2020). Suicide in children: concept analysis using Rodgers's evolutionary approach. *Journal of Child and Adolescent Psychiatric Nursing: Official Publication of the Association of Child and Adolescent Psychiatric Nurses, Inc.*, 2020 Oct 26. <https://doi.org/10.1111/jcap.12296>; Graell, M., Morón-Nozaleda, M. G., Camarero, R., Villaseñor, A. n., Yáñez, S., Muñoz, R., . . . Faya, M. (2020). Children and adolescents with eating disorders during COVID-19 confinement: Difficulties and future challenges. *European Eating Disorders Review*, 28(6), 864-870. doi:10.1002/erv.2763; Lincoln Y. S. & Guba E. G. (2018). Paradigmatic controversies, contradictions, and emerging confluences, Revisited. In N. K. Denzin and Y. S. Lincoln (Eds), *Handbook of Qualitative Research* (pp. 108-150). Thousand Oaks: Sage; Montreuil, M., Bogossian, A., Camden, C., Genest, C., Gilbert, E., Piché, G., & Rassy, J. (2020). *Supporting children and adolescents' mental health in the context of pandemic and confinement: A scoping review of interventions and ethical challenges.* <https://cihr-irsc.gc.ca/e/documents/MONTREUIL-Initial-Knowledge-Synthesis-2020-06-22.pdf>; Rodgers B. L. (2000). Concept analysis: An evolutionary view. In B. L. Rodgers and K. A. Knafl KA (Eds.) *Concept development in nursing: Foundations, techniques and applications* (pp. 77-101). Philadelphia: Saunders; Wasserman, D., Iosue, M., Wuestefeld, A., & Carli, V. (2020). Adaptation of evidence-based suicide prevention strategies during and after the COVID-19 pandemic. *World Psychiatry*, 19(3), 294-306. doi:10.1002/wps.20801